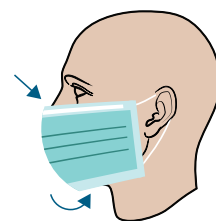


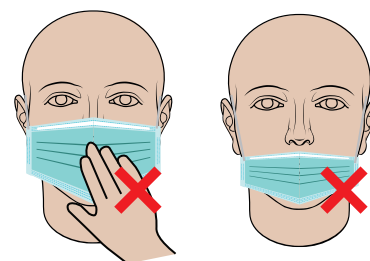
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# How to wear a mouth-nose-mask

1. Place the face mask over your nose, mouth and chin. Avoid space between your skin and the mask. Secure the face mask tightly around the nose. Pull the elastics around the ears.



2. Avoid touching the front of the face mask and avoid sliding the face mask down.



3. Remove the face mask without touching the front side of the mask. Only touch the elastics and gently lift and remove the mask. Throw the mask in the trash can.

