Study / Internship abroad
BMS, MMD

Cindy van Dijk
International Officer & Erasmus coordinator
Radboudumc International Office

October 8th, 2019
Program October 8th 2019

- Radboudumc International Office
- Options per study program
- OSIRIS Abroad
- Academic Preparations: study & internship plan
- Non-academic Preparations: visa, insurance, scholarship etc
- Brexit!?
- Questions
Radboudumc International Office

Contact Information

- **Location:**
  Route 84 at the StIP

- **Half-hour appointments**, can be made via StIP

- **Walk-in hours:** Wednesdays 12:30 - 13:30
  (short questions & signatures, max. 10 minutes per student)

  internationalofficestudents@Radboudumc.nl

  www.radboudumc.nl/internationaloffice
Options abroad: BMS

Internships:
• All internships
• See Guide Research Internships for detailed information

Electives:
• 12 EC are available for electives
• Courses need to be at least 2 EC
• An elective can also be an extra internship
• See “Education and Examination Regulations” for detailed information
• Approval is needed beforehand: check the meeting dates of the BoE!
# Examples internships BMS

<table>
<thead>
<tr>
<th>University/Institution abroad</th>
<th>Country</th>
</tr>
</thead>
<tbody>
<tr>
<td>Griffith University, Queensland</td>
<td>Australia</td>
</tr>
<tr>
<td>University of British Columbia</td>
<td>Canada</td>
</tr>
<tr>
<td>WHO Kopenhagen</td>
<td>Denmark</td>
</tr>
<tr>
<td>Deutschen Krebsforschungszentrum</td>
<td>Germany</td>
</tr>
<tr>
<td>University of Padjadjaran</td>
<td>Indonesia</td>
</tr>
<tr>
<td>University of Rome</td>
<td>Italy</td>
</tr>
<tr>
<td>Aichi Cancer Center Research Institute, Nagoya</td>
<td>Japan</td>
</tr>
<tr>
<td>Institut Municipal d'Investigacio Medica</td>
<td>Spain</td>
</tr>
<tr>
<td>Karolinska Institutet</td>
<td>Sweden</td>
</tr>
<tr>
<td>University Hospital Basel</td>
<td>Switzerland</td>
</tr>
<tr>
<td>Liverpool School of Tropical Medicine</td>
<td>United Kingdom</td>
</tr>
<tr>
<td>Mount Desert Island Biological Laboratory</td>
<td>United States</td>
</tr>
</tbody>
</table>
Options abroad: MMD

Internships:
- First year internship (Dutch students only!)
- Second year internship (all students)

Electives
- Theoretical or practical courses
- Courses need to be at least 1,5 EC
- 17 EC in combination with MED-MMP2A or 11 EC with MED-MMP2B
- See Education & Examination Regulations and Brightspace for more information on electives and internships
# Examples internships MMD

<table>
<thead>
<tr>
<th>University/Institution abroad</th>
<th>Country</th>
</tr>
</thead>
<tbody>
<tr>
<td>Molecular Genetics of Cancer Division, Melbourne</td>
<td>Australia</td>
</tr>
<tr>
<td>Ottawa Hospital Research Institute</td>
<td>Canada</td>
</tr>
<tr>
<td>Laboratoire Maladies, Bordeaux</td>
<td>France</td>
</tr>
<tr>
<td>German Cancer Research Center (DKFZ, Heidelberg)</td>
<td>Germany</td>
</tr>
<tr>
<td>Karolinska Institutet</td>
<td>Sweden</td>
</tr>
<tr>
<td>University of Basel</td>
<td>Switzerland</td>
</tr>
<tr>
<td>University of Oxford</td>
<td>United Kingdom</td>
</tr>
<tr>
<td>King’s College London</td>
<td>United Kingdom</td>
</tr>
<tr>
<td>University of Cambridge</td>
<td>United Kingdom</td>
</tr>
<tr>
<td>Harvard University</td>
<td>United States</td>
</tr>
<tr>
<td>Whitehead Institute for Biomedical Research, Boston</td>
<td>United States</td>
</tr>
<tr>
<td>Yale University</td>
<td>United States</td>
</tr>
</tbody>
</table>
OSIRIS Abroad
study & internship applications

You have to indicate in “OSIRIS Abroad” whether you want to go abroad for study or internship.

1. For internship and study (electives): to secure funding from Radboud University

2. For study (electives) only: to secure a spot at a Radboudumc partner university (EU & non EU)

Keep in mind:
- You do not get approval of an internship or study abroad as part of your studyplan via OSIRIS Abroad!
- Approval can only be arranged via the BoE
OSIRIS Abroad
Internship application

Information required:
• Start- & end date
• Name of the internship institution
• Name of the Radboudumc supervisor
• Name of the supervisor abroad

Document to be uploaded:
• Proof of welcome @ your internship location (e-mail, letter)
OSIRIS Abroad
Study exchange applications

Documents to be uploaded/handed in later on:
• Motivation Letter & CV
• Proof of language level

Deadline for 2020-2021:
• Before February 1st, 2020 (non-EU locations)
• Before March 1st, 2020 (EU locations)
• Digital submission via OSIRIS Stay Abroad. Instruction on how to apply can be found here

Selection
• Based on motivation, language level & grades list
• Selection results: end of February (non-EU) and end of April (EU) 2020
## Radboudumc: EU/Erasmus+ study

<table>
<thead>
<tr>
<th>University</th>
<th>Country</th>
<th>BMS, MMD, Medicine</th>
<th>Students</th>
<th>Months</th>
<th>Language Level</th>
</tr>
</thead>
<tbody>
<tr>
<td>University of Antwerp</td>
<td>Belgium</td>
<td>BMS, MMD</td>
<td>1</td>
<td>8</td>
<td>B2 English</td>
</tr>
<tr>
<td>Humboldt University (Charité hospital)</td>
<td>Germany</td>
<td>Medicine, BMS, MMD</td>
<td>1</td>
<td>6</td>
<td>B2 English</td>
</tr>
<tr>
<td>Università degli studi di Roma Foro Italico</td>
<td>Italy</td>
<td>BMS, movement sciences</td>
<td>1</td>
<td>3</td>
<td>A2 English</td>
</tr>
<tr>
<td>Università degli studi di Milano</td>
<td>Italy</td>
<td>BMS (Pharmacy)</td>
<td>2</td>
<td>6</td>
<td>B1 English/Italian</td>
</tr>
<tr>
<td>Lódz University of Technology</td>
<td>Poland</td>
<td>BMS, MMD</td>
<td>1</td>
<td>5</td>
<td>B2 English</td>
</tr>
<tr>
<td>Nottingham Trent University</td>
<td>UK</td>
<td>Biologie &amp; BMS, MMD</td>
<td>3</td>
<td>6</td>
<td>B2 English</td>
</tr>
<tr>
<td>St George’s Hospital Medical School</td>
<td>UK</td>
<td>BMS, MMD</td>
<td>1*</td>
<td>6</td>
<td>B2 English</td>
</tr>
</tbody>
</table>
### EU contracts:

<table>
<thead>
<tr>
<th>University</th>
<th>Country</th>
<th>No. students RU wide</th>
<th>Language level</th>
</tr>
</thead>
<tbody>
<tr>
<td>Liverpool John Moore’s University</td>
<td>UK</td>
<td>8</td>
<td>B2 English</td>
</tr>
<tr>
<td>University of Birmingham</td>
<td>UK</td>
<td>5</td>
<td>B2 English</td>
</tr>
<tr>
<td>University of Leeds</td>
<td>UK</td>
<td>3</td>
<td>B2 English</td>
</tr>
<tr>
<td>University of Sussex</td>
<td>UK</td>
<td>10</td>
<td>B2 English</td>
</tr>
<tr>
<td>University of Glasgow</td>
<td>UK</td>
<td>6</td>
<td>B2/C1 English</td>
</tr>
</tbody>
</table>

### Non EU contracts (via Holland Scholarship) [October 8th, 2019]
- Argentina, Australia, Brazil, Canada, Chile, China, Colombia, Egypt, Indonesia, Israel, Japan, Kazachstan, Lebanon, Malaysia, Mexico, New Zealand, Philippines, Russia, South Africa, South Korea, Taiwan, USA.

- For more information: Radboud University International Office website
Academic preparation

• **Study:**  - Where & What

• **Internship:**  - Where & Which research area
  - arrange your internship location via your Radboudumc supervisor, internet, PubMed or IO Radboudumc (top 3 list)

• **Board of Examiners:**
  a) Check the meeting dates of the Board of Examiners:
     > BMS via [website](#) & MMD via Brightspace

  a) Hand in study & internship plan and the fully signed BMS /MMD Traineeship Agreement at least two weeks before the meeting to get approval.

  -> You need approval before going abroad!
Non-academic preparations
Visa application

Checklist:
• Start on time. Visa application may take up to 6 months!
• Check the embassee websites for exact procedures

Required documents:
• Evidence of financial independence
• Evidence of sufficient insurance coverage

Sometimes also:
• Proof of Health
• Criminal Records Check
• Support letter from Radboudumc International Office
VISA UK for non-EU students*

- **Tier 5 visa** for non-EU students (Erasmus traineeships)
  - Via Erasmus coordinator, British Council & UK visas and immigration

- **Certificate of Sponsorship** (CoS) number (British Council)

- **Documents** required for CoS (total may not exceed 10MB):
  - Copy of passport photopage & stamps pages
  - Letter from home university
  - Letter from the host institution
  - Fully completed & signed CoS form
  - Fully completed & signed Learning Agreement for Traineeship
  - Transcript of Records

*More information via the [website of the British council & UK visa and immigration website](#)*

* until December 31st 2020
VISA USA

• J-1 visa

• Subclass:
  • J-1 Intern / trainee
  • J-1 (junior) researcher

• Online procedure

• DS-2019 & DS-7200 (trainee) forms provided by the internship location

• Appointment at the American Consulate in Amsterdam

More information on visa procedures and different types of visa:
- website of the Fulbright Center (Dutch)
- or via the website of the American immigration service (English)
VISA Australia

- **Training visa (subclass 407)**
  - can take up to 5 months

- **Temporary Activity visa (subclass 408)**
  - “participate or observe in an Australian research project”
  - can take up to 5 months

- **Working Holiday visa (subclass 417)**
  - Maximum 6 months with same “employer”
  - Quick procedure (one month maximum)
Visa Canada

• Depending on **visa agreements** with your home country!
• “Letter of Invitation” is always needed from your Canadian supervisor

• **Up to 3 months:** sometimes no work permit required
  - Check with receiving institution!

• **More then 3 months:** usually work permit required
  - online via the embassy in Vienna
  - takes up to 60 days
  - examples: Working Holiday
    - International Experience Canada:
      > Young Professionals;
      > International Co-op.

Check the [website](http://www.canada.ca) of the Canadian Immigration Services for your specific situation!
Non-academic preparations

Insurance

- Health insurance
- Travel insurance
- Personal liability insurance
- Accident insurance
- Medical liability insurance

When coming in direct contact with test subjects and/or patients

IMPORTANT:
- Check if you have Europe / world coverage!
- Check if internships are also insured!
Non-academic preparations

Finances

- **Radboudumc Studentbudget** (faculty scholarship)
- **Individual Travel Grant** (university scholarship)
- Max Planck scholarship
- Erasmus+ scholarship
- Foundations
Radboudumc Studentbudget

Monthly scholarship amounts

- EU € 150,- per month
- non-EU € 200,- per month

- Maximum € 600,- per student

- Not in combination with Erasmus+!

- Can be combined with Individual Travel Grant!

- Request form available @ StIP frontdesk or online via StIP webpages

- Hand in printed version of the request form @ StIP together with proof of approval by Board of Examiners (e-mail BoE or print-out Webdossier)
Radboud University Individual Travel Grant

Monthly scholarship amounts

- **EU** € 200,- per month (max. € 800,-) -> Switzerland (& UK?)
- **non-EU** € 300,- per month (max. € 1.200,-)

- Minimum of 2 months, maximum of 4 months

- **Not** in combination with Erasmus!

- Can be combined with Radboudumc Studentbudget!

- For full procedure, see [website Radboud University IO](#)

- The required **faculty statement** is available via Radboudumc International Office

  -> Application starts via OSIRIS Abroad!
Max Planck Scholarship

- Scholarship for research internships @ European Max Planck Institutes
- Minimum of 6 months, maximum of 1 year
- Table of Max Planck Institutes: see categories Medicine & Biology

- Biomedical Sciences contact: Prof. Frans Russel
- Molecular Mechanisms of Disease contact: Prof. Roland Brock

- In combination with Erasmus+ scholarship = €500,- per month in total

-> Application starts via OSIRIS Abroad!
European scholarship: Erasmus+

- Minimum period:
  - 2 months for internship,
  - 3 months for study
- Multiple applications possible (during Bsc, MSc & PhD)
- In total a maximum of 12 months per cycle (BSc, MSc, PhD)
- Also possible in the year after graduation (apply before graduation!)
- Amounts depend on host country *(see next slide)*
- Online language test for English, German, French, Spanish & Italian

For more details: see [website](#) of the central Radboud International Office

Application starts via OSIRIS Abroad
Erasmus+ scholarships 2019-2020

1. **Group 1**: Denmark, Finland, Iceland, Ireland, Luxembourg, Liechtenstein, Norway, Sweden, UK

2. **Group 2**: Austria, Belgium, Cyprus, France, Germany, Greece, Italy, Malta, Netherlands, Portugal, Spain,

3. **Group 3**: Bulgaria, Croatia, Czech Republic, Estonia, Hungary, Latvia, Lithuania, Poland, North-Macedonia, Romania, Serbia, Slovakia, Slovenia, Turkey

<table>
<thead>
<tr>
<th>GROUP</th>
<th>STUDY 1st semester</th>
<th>STUDY 2nd semester</th>
<th>INTERNSHIP 1st semester</th>
<th>INTERNSHIP 2nd semester</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>€ 273*</td>
<td>€ 360*</td>
<td>€ 375*</td>
<td>€ 480*</td>
</tr>
<tr>
<td>2</td>
<td>€ 222*</td>
<td>€ 300*</td>
<td>€ 324*</td>
<td>€ 420*</td>
</tr>
<tr>
<td>3</td>
<td>€ 171*</td>
<td>€ 240*</td>
<td>€ 273*</td>
<td>€ 360*</td>
</tr>
</tbody>
</table>

* Scholarships are calculated per day, these are monthly figures (1 month = 30 days)
Erasmus+ non-EU

- For selected partners outside of Europe (see RU IO website)
- Minimum period of 3 months, maximum 1 semester for study
- Minimum period of 2 months for internship
- Limited places available per partner
- Monthly allowance € 650 or € 700
- One-time travel expense reimbursement of € 360 to € 1500
- Can not be combined with Holland Scholarship or Individual Travel Grant
- Deadline application: February 1st 2020

->Application starts via OSIRIS Abroad!
Foundations

• Netherlands Society for Biochemistry and Molecular Biology (NVBMB)
• Young Royal Dutch Chemical Society (Jong KNCV, Dutch) poster competition
• Maag, Lever, Darmstichting (Digestive Diseases foundation, Dutch)
• Reumafonds (Rheumatism fund, Dutch)
• Nationaal MS-fonds (Multiple Sclerose fund, Dutch)
• Stichting MS-Research (MS research Foundation, Dutch)
• Nierstichting (Kidney foundation, Dutch)
• Hartstichting (Heart foundation, Dutch; applications only via Radboudumc contactperson)
Brexit!?

Scholarships

• UK internship/study starts **before October 31st**: 
  - Erasmus+
• UK internship/study starts **on/after October 31st**: 
  - Brexit with **deal** -> Erasmus+
  - **No deal** Brexit -> IRS scholarship & Radboudumc Studentbudget

Visa

• UK internship/study **until December 31st 2020**: 
  - Transitional arrangement
  - For this period no visa are required for EU-students.
• UK internship/study **from January 1st 2021 and onwards**: 
  - New visa regulations
Questions