

# Radboud New Frontiers in Prevention; the need for a leap forward

**International conference 12 November 2020**

**Venue: van der Valk Hotel Nijmegen - Lent, The Netherlands**

Aimed public: national and international PhD candidates and researchers



**8:30 – 9:00 Registration, coffee and tea**

**9:00 – 9:15** Welcome by Prof. Jan Smit, dean Radboudumc

**9:00 – 10:45 Prevention over the lifespan**

- Prof. Marc Spaanderman (Maastricht, Radboudumc). *How to come to a healthy new generation; from expect-and-see to expect-to-see.*
- Prof. Thérèse van Amelsvoort (Maastricht). *A stormy window; brain development and risk of psychiatric diseases in young adults.*
- Prof. Rudi Westendorp (Kopenhagen). *Aging and resilience, a new way of thinking.*

**10:45 – 11:15 Coffee break**

**11:15 – 12:45 Health and environment**

- Prof. Falko Sniehotta (Newcastle). *The role of behavioural science in improving population health and well-being.*
- Assoc. Prof. Catalina Turcu (London). *Beyond prevention into well-being: aligning climate mitigation and health outcomes in the built environment.*
- Gary Wolf (QS labs). *Personal Science versus Digital Health; Competing frameworks for prevention.*

**12:45 – 14:00 Lunch, laptop presentation session**

**14:00 – 15:15 Workshops. 'Prevention challenges'**

- a) **By speakers and hosts** (about 25 participants per session)
- b) **Organized by Radboud Institute for Health Sciences** (max. 70 persons)
  - Research on Lifestyle and cancer.
  - Precision prevention. Connecting molecule to man to population.

**15:15 – 15:45 Coffee Break**

**15:45 – 16:45 A paradigm shift for prevention**

- Prof. Linda Collins (New York). *The MOST framework for finding out what works, optimizing preventive interventions, and building the science of prevention.*
- Prof. Peter Hovmand (Washington University, St. Louis). *Need for systems thinking (title not yet confirmed).*

**16:45 – 17:00 Laptop presentation Award and closure**

**17:00 – 18:00 Drinks**